

Meta-analysis of data referred to in Table 3

of Scherer's 1999 Paper:

Smoking behaviour and compensation: a review of the literature

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EXECUTIVE SUMMARY

The data from the cross-sectional field studies on smoking behaviour and smoke uptake in relation to cigarette yield as given in Table 3 of the 1999 review by Scherer¹ have been entered into a database to allow detailed analysis.

Models relating log biomarker level to log nicotine yield and log cigs/day have been fitted to allow estimation of the compensation index for nicotine yield, as defined by P.N. Lee. Estimates of the compensation index vary somewhat dependent on the biomarker used (nicotine, cotinine, CO or SCN) but are consistent with substantial, but incomplete, compensation. Estimates weighted on number of subjects are very similar for nicotine in plasma, 0.65 (S.E. 0.06) and for nicotine in urine, 0.63 (0.07), but the estimate for cotinine in plasma or saliva is rather higher, 0.84 (0.04). The estimates for secondary biomarkers CO, 0.92 (0.02), and serum thiocyanate, 0.94(0.05), indicate nearly complete compensation.

The higher estimate of the compensation index for cotinine than for nicotine is related to the very high estimate of 0.98 in the large Sepkovic study. Estimates of the compensation index unweighted on study size are much more similar for nicotine (0.67 in plasma, 0.59 in urine) and cotinine (0.63 in plasma or saliva).

The effect of log cigs/day on biomarker levels is highly significant, except for serum thiocyanate. The slope of the log biomarker / log cigs/day relationship (adjusted for log nicotine yield) is estimated as 0.66 (0.06) and 0.69 (0.06) for cotinine.

Cigarettes/day explains substantially more of the variability in biomarker levels than does nicotine yield.

INDEX

| | | |
|-----|---|----|
| 1. | Introduction | 1 |
| 2. | Data | 1 |
| 3. | Model | 7 |
| 4. | Results | 10 |
| 4.1 | Nicotine | 10 |
| 4.2 | Cotinine | 13 |
| 4.3 | CO | 15 |
| 4.4 | Thiocyanate (SCN) | 16 |
| 4.5 | Summary of estimates | 16 |
| 5. | Summary and Conclusions | 19 |
| 6. | References | 21 |
| | Table 1: Details of studies specified by Scherer 1999, Table 3 | 2 |
| | Table 2: Studies with nicotine and nicotine yield >0 | 26 |
| | Table 3: Studies with nicotine, cigarettes and nicotine yield >0 | 27 |
| | Table 4: Regression analysis of studies with nicotine, cigarettes and nicotine yield >0 | 28 |
| | Table 5: Regression analysis of studies with nicotine, cigarettes and nicotine yield >0 separated into Plasma only and Urinary values | 30 |
| | Table 6: Studies with cotinine, cigarettes and nicotine yield >0 | 32 |

| | |
|--|----|
| Table 7: Regression analysis of studies with cotinine, cigarettes and nicotine yield >0 | 33 |
| Table 8: Regression analysis of studies with cotinine, cigarettes and nicotine yield >0, Plasma and saliva only | 35 |
| Table 9: Studies with CO, cigarettes and nicotine yield >0 | 36 |
| Table 10: Regression analysis of studies with CO, cigarettes and nicotine yield >0 | 37 |
| Table 11: Studies with SCN, cigarettes and nicotine yield >0 | 38 |
| Table 12: Regression analysis of studies with SCN, cigarettes and nicotine yield >0 | 39 |
| Table 13: Summary of estimates of compensation index for nicotine yield | 41 |
| Table 14: Summary of estimates of slope of log cigs/day | 42 |

1. Introduction

In Scherer's 1999 paper "Smoking behaviour and compensation: a review of the literature"¹ he attempts to examine the concept of compensation – that is the modification of smoking behaviour in an attempt to adjust for changes in cigarette constituents and design in order to maintain the levels of uptake that the smoker finds desirable. In particular in Table 3 he presents an overview of the results from a series of cross-sectional field studies comparing smoke uptake and cigarette yield. In this report we attempt to retrieve data from all the studies referred to in table 3 and to meta-analyse the data to get some estimate of levels of compensation in smokers.

2. Data

In the table below we list the studies and mark what data are available.

Table 1: Details of Studies specified by Scherer 1999, Table 3

| Study | Table | N | Ncigs | N cigs on day | Nicotine Type | Cotinine Type | CO | SCN Type | Nic Yield | Tar Yield | CO Yield | HCN Yield |
|--|---------------|------------|---------|---------------|---------------|---------------|-----|----------|-----------|-----------|----------|-----------|
| 1. Russell et al (1980) ² | 5 | 330 | Y | Y | Plasma | | %Hb | | Y | Y | Y | |
| 2. Jaffe et al (1981) ³ | 2 | 204 | Y | Y | | | ppm | Saliva | Y | | | Y |
| 3. Rickert and Robinson (1981) ⁴ | 1 | 216 | Y | | | | %Hb | Plasma | | | Y | Y |
| 4. Heller et al (1982) ⁵ | 5.2.6 | 200 | Est ISS | | Serum | Serum | %Hb | | Group | | | |
| | 5.4.1-5.4.4 | 142 (Est) | Y | | Plasma | Plasma | %Hb | | Y | | | |
| 5. Ebert et al (1983) ⁶ | 1 | 76 | Y | | Plasma | | ppm | | Y | Y | Y | |
| 6. Hill et al (1983) ⁷ | Fig 2 | 450 | Est ISS | | Plasma | Plasma | %Hb | Plasma | Y | | | |
| 7. Benowitz et al (1983) ⁸ | 2 way plot | 272 | | | | | | | | | | |
| 8. Petitti and Friedman (1983) ⁹ | Nothing | 7706 | | | | | | | | | | |
| 9. Folsom et al (1984) ¹⁰ | 4 | 2561 | | | | | | Plasma | Y | Y | Y | |
| 10. Gori and Lynch (1985) ¹¹ | Fig 2 | 865 | | | Plasma | | | | Y | | | |
| 11. Russell et al (1986) ¹² | 1 | 392 | Y | Y | Plasma | Plasma | %Hb | | Y | Y | Y | |
| 12. Bridges et al (1986) ¹³ | 4,5,6 | 108 | Y | | Plasma | Plasma | %Hb | Plasma | Y | | | |
| 12a. Bridges et al (1990a, 1990b) ^{14 15} | 2,4 | 329 | Y | | Plasma | Plasma | %Hb | Plasma | Y | | | |
| 13. Maron and Fortmann (1987) ¹⁶ | 1 | 713 | Y | | | | ppm | Plasma | Group | | | |
| 14. Sepkovic et al (1990) ¹⁷ | Fig All | 1832 (909) | Y | | | Plasma | %Hb | | Y | | | |
| 15. Höfer et al (1990) ¹⁸ | 2,4 | 144 | Y | | Plasma | Plasma | ppm | | Y | Y | Y | |
| 16. Rosa et al (1992) ¹⁹ | 2,3 | 155 | Y | | | Plasma | | | Y | | | |
| 17. Woodward and Tunstall-Pedoe (1992,1993) ^{20 21} | 1993 Table 6 | 2754 | Y | | | Plasma | ppm | Plasma | Y | Y | Y | |
| 18. Coultas et al (1993) ²² | 1 | 298 | Y | | | Saliva | ppm | | | | | |
| 19. Byrd et al (1995) ²³ | 1 | 33 | Y | | Urine | | | | Y | | | |
| 20. Hee et al (1995) ²⁴ | 1,2,3 | 108 | Y | | Urine | | %Hb | | Y | Y | Y | |
| 21. Pritchard and Robinson (1996) ²⁵ | Meta-analysis | 4970 | | | | | | | | | | |

| Study | Table | N | Ncigs | N cigs on day | Nicotine Type | Cotinine Type | CO | SCN Type | Nic Yield | Tar Yield | CO Yield | HCN Yield |
|--|--------------|-----|-------|---------------|---------------|---------------|----|----------|-----------|-----------|----------|-----------|
| 22. Andersson et al (1996) ²⁶ | 1,2,3 + Text | 124 | Y | | Urine | Saliva | | | Y | NFDPM | | |
| 23. Byrd et al (1997) ²⁷ | Raw data | 72 | Y | | Urine | | | | Y | Y | | |

Legend

N Number of subjects with suitable data

Ncigs Average number of cigarettes smoked per day
N cigs on day Number of cigarettes smoked on day of study

Y Yes – available from paper

Est ISS Number estimated from grouped information using International Smoking Statistics²⁸

Type Plasma – concentration in blood plasma (or serum) in ng/ml
Saliva – concentration in saliva in mg/ml
Urine – mg of total metabolites nicotine + cotinine in 24 hour urine collection
%Hb - % Carboxyhaemoglobin in expired air
ppm – CO in expired air as ppm

Group Data only available in grouped form, such as <0.6 or 0.6 to 0.8

For the kind of analyses we wish to perform we will require an estimate of the yield of the cigarette and of the number of cigarettes smoked as well as the variable we are trying to model. From the table above it is clear that many studies only give us very limited amounts of such information for our main variables.

For some studies no real data were available:

- Study 7 just had showed data as two 2-way plots of first cigarettes per day and then FTC nicotine yield versus blood cotinine concentration. The plots were too small for any useful data to be retrieved.
- Study 8 had no suitable data of interest available.
- Study 10, the Gori paper, also only had figures available in a 2-way plot. As these data were used in the meta-analysis of Pritchard et al (Study 21) an attempt was made to pull the data out of this graph into a form that could be analysed. However, no data on the number of cigarettes smoked were available, so it is of little use in our analyses.
- Study 21 was only a meta-analysis by Pritchard et al²⁵ of studies already mentioned: 7: Benowitz, 12: Bridges, 10: Gori, 6: Hill, 15: Höfer, 16: Rosa, 11: Russell and 17: Woodward.

Sometimes data on number of cigarettes were only available in groupings such as 1 – 10 cigarettes per day. This has been translated to a particular value by making use of the table in Appendix III of International Smoking Statistics (Second Edition) ²⁸ which gives prevalence of smoking by different groupings of cigarettes per day.

When trying to enter data for study 4, the Heller paper⁵, there were only groupings available for both the nicotine yield and the number of cigarettes from the main table of interest: Table 5.2.6. In the report itself there were individual data available for a subset of the people surveyed. Though the copy was rather unclear it was decided that it would be more advantageous to estimate the values from the bad photocopy than to have to estimate yields and numbers of cigarettes and then try to analyse the data. Note that we used the data from Tables 5.4.1 to 5.4.4 labelled “1” – that is Nikotin/Serum 1, Cotinin/Serum 1 and COHb 1.

For study 23, Byrd et al 1997, we were fortunate to have been sent the individual data and so these data were used in the analysis.

For blood and saliva measurements values have been taken or converted to ng/ml.

When taken from a 24 hour urine sample, nicotine was measured from all available metabolites including cotinine, so there are no separate cotinine values.

Study 20, the Hee paper²⁴, presented the results as the Barlow index and in units of “ $\mu\text{mol}/24/\text{h}$ ” rather than the units used in some other papers which used “ $\text{mg}/24$ ” hour. The Heller paper also used $\mu\text{mol}/\text{l}$, but the results looked very similar to the other results. The Hee paper talks about converting to a “cotinine equivalent” but this is not explained and I have been unable to find any information about this. There is a possible conversion factor of 5.68 between cotinine ng/ml and nmol/l and a factor of 6.614 between nicotine mg/l and $\mu\text{mol}/\text{l}$. Neither of these looked suitable for converting mean values for Hee of 35 to 62 to the values of around 20 seen in the other papers and would certainly not be suitable for the Heller data. For now, no conversion factor has been used, but a study related constant is added in many models which should automatically align the results to changes in units.

As the urine values include both nicotine and cotinine derivatives, the values have been included when looking at uptake of nicotine and when looking at cotinine values in the body.

3. Model

The principal model of interest is that the smoking uptake (U) depends upon the yield of the cigarette (Y) and the number of cigarettes smoked per day (N) by the equation:

$$U \propto Y^{1-\alpha} N^{\beta}$$

The compensation index (CI) is defined as α . No compensation is equivalent to a value of $\alpha = 0$, while full compensation suggests a value of $\alpha = 1$. In our linear modelling we present the estimates as $\alpha' = 1 - \alpha$; for this variable 1 is equivalent to no compensation and 0 to full compensation.

Taking logs gives us a linear model to fit to the data:

$$\log(U) = \mu + (1 - \alpha) \log(Y) + \beta \log(N) + \varepsilon$$

where, as variables such as nicotine and cotinine are usually taken as log normal, it will be reasonable to assume ε is normally distributed.

Note that by taking logs we exclude cases that are non-smokers or have values of the variables of interest of zero.

In some studies, such as Heller 1982 and the two Byrd studies, we have data from individual subjects, whereas in others we only have the mean data for various subsets of the data. To allow for this in the model we perform weighted regression, using the numbers of subjects as the weighting variable. (Note that as standard error is $[\text{standard deviation}]/\sqrt{n}$, this is approximately equivalent to weighting by $1/\text{Variance of the studies}$). In our tables of results we show the number of individual estimates available from each study.

We present various tables showing the results of fitting this form of model predicting our variables of interest: nicotine levels, cotinine levels, CO levels and thiocyanate levels (SCN) using as predictive variables the nicotine yield, the form in which the levels were measured, the number of cigarettes and the sex of the subjects. We present:

- Deviance: Generalised fit of the model, equivalent to residual sum of squares
- DF Degrees of freedom for the current fit of the model
- Drop Dev: Drop in deviance when bringing in a new explanatory variable – this is followed by a P value representing the significance of bringing in this variable
- Estimate: An estimate of the parameter estimate in the model. Note that for log nicotine yield this is $\alpha' = 1 - \alpha$, where α is the compensation index defined in section 3.

- S.E. Standard error of the parameter estimate (this is unaffected by “1-“ transformation). This is followed by a P value representing the significance of a test for the estimate from the value zero and some 95% Confidence limits on the estimate.
- Aliased This is given against levels which are included in the overall mean (or “Constant” term) and hence have no separate value.

The P levels are given in standard coded form:

| | |
|-------------------|-----------|
| ***/+ + + / - - - | P < 0.001 |
| **/+ + / - - | P < 0.01 |
| */+ / - | P < 0.05 |
| (*)/(+)/(-) | P < 0.1 |
| NS | P > 0.1 |

Where “+ “represents positive effects and “-“ negative effects.

4. Results

We concentrate on relating our four main response variables, nicotine, cotinine, CO and thiocyanate (SCN) to the nicotine yield of the cigarettes and number of cigarettes smoked. We include all forms by which the response variable is measured - plasma (serum), saliva and urine – allowing for this in the model before adding in our other explanatory variables.

4.1 Nicotine

Table 2 gives details of the 12 studies that have data on nicotine uptake and nicotine yield. The estimates of α' (unadjusted for cigarette consumption) vary quite markedly from .09 to .79 over the studies. Fitting a model with different intercepts but the same value of α' over the studies leads to an overall estimate (and standard error) of 0.27 (0.02). This model causes a drop in deviance of 59.0% from 768.31 on 1069 degrees of freedom (DF) to 315.36 on 1057 DF. The study by Gori and Lynch, which has the largest weight, has a relatively low estimate of α' . Even so, the simple unweighted estimate of α' based on the 12 individual study estimates, 0.34, is not so different from the weighted estimate of 0.27.

Table 3 gives details of the 11 studies that have data on nicotine uptake, nicotine yield and number of cigarettes – thus losing the Gori and Lynch study, which has no details on numbers of cigarettes smoked. This leaves 1618 subjects for plasma nicotine and 337 with urinary nicotine. The mean level (unweighted)

for nicotine is significantly higher as measured by urinary nicotine metabolites, 23.41 mg/24h versus a mean value of 17.26 mg/ml for plasma nicotine .

Table 4 presents the results of fitting the model to the data. The estimates of α' after allowing for number of cigarettes smoked vary markedly, as in the unadjusted analysis, from 0.11 to 0.78. Estimating an overall mean value for α' by fitting different intercepts but the same slope for each study gives a value of 0.33 (0.04). Note the deviance of this model is 148.20 on 284 DF. The deviance when allowing a different slope for each study is 139.85 on 274 DF, giving an F statistic of 1.64 for allowing a different slope for each study. This is non-significant, suggesting that the overall estimate of 0.33 does not materially vary over the different studies. When we consider just the drop in deviance due to log nicotine after allowing for different means for each study, and not allowing for log cigarettes per day (log cigs/day), the deviance drops 12.7% from 251.10 on 286 DF to 219.12 on 285 DF. The drop in deviance due to log nicotine, after allowing for different means for each study and for log cigs/day, is somewhat larger, at 16.9% from 178.41 on 285 DF to 148.20 on 284 DF. In this analysis no study has particularly large weight, and the unweighted estimate of α' , based on the 11 individual study estimates, 0.33, is the same as the overall weighted estimate.

The estimate of β , the slope for log cigs/day, is highly significant, 0.66 (0.06). However, there is some evidence of a sharper slope for urinary nicotine,

with a value of 0.99 (0.17) versus 0.62 (0.06) for plasma nicotine ($p < 0.05$ for the F test for including two different estimates in the model).

Fitting a model where the same intercept is used for each study (though a different intercept for plasma nicotine than urinary nicotine) gives a higher estimate for α' of 0.49 (0.08). However, this model did not fit the data nearly so well, with a final deviance of 400.45 on 293 DF. Including sex in the model reduces the deviance significantly, but it is still nowhere near the deviance achieved using different intercepts for different studies.

Nicotine in plasma may have a different compensation index to that measured in metabolites of urine. However we cannot simply examine this by adding in a term in the model, as studies such as Heller 1982 have both types of value available, and we would like to get the best estimate using all the available data. Table 5 show the results for analysing the studies with plasma values separately from those with urinary nicotine values. Once again it is clear that fitting a separate intercept for each study improves the fit markedly. The estimate for α' using the separate intercept model is 0.35 (0.06) for log plasma nicotine and an almost identical 0.37 (0.07) for the log urinary metabolites, the full models accounting for 78.6% and 47.6% of the deviance respectively. The unweighted estimates of α' are little different, at 0.33 for plasma and 0.41 for urinary metabolites.

Examining the drop in deviance due to just log nicotine, allowing for different means per study but not log cigs/day, we see a drop of 13.8% from 186.12 on 173 DF to 160.39 on 172 DF for log plasma nicotine but only 6.6% from 215.38 on 251 DF to 201.12 on 250 DF for log urinary nicotine. As above, the drop in deviance is larger for models including log cigs/day, a 17.6% drop from 126.50 on 172 DF to 104.23 on 171 DF for log plasma nicotine and a 9.7% drop from 167.90 on 250 DF to 151.59 on 249 DF for log urinary nicotine.

4.2 Cotinine

Table 6 gives details of the 12 studies that have data on cotinine from plasma, saliva, or from urinary metabolites, nicotine yield and number of cigarettes. This gives 5947 subjects for plasma cotinine, 213 for urinary cotinine and 124 for salivary cotinine. The mean levels (unweighted) for cotinine are similar for plasma and saliva, but clearly different for urine, which is lower by an order of magnitude. Table 7 shows weighted regression analysis of log cotinine. The estimates for α' from individual studies are more variable than those for nicotine, the range being from 0.02 to 0.83. Estimating one overall value for α' gives a value of 0.18 (0.03), a lower value than for nicotine, though the estimate for the slope for log cigs/day is very similar at 0.69 (0.06). Once again models using the same intercept for all studies do not fit nearly as well, even allowing for different values for the way the cotinine was measured and for a difference between the sexes. It should be noted that the 12 individual study estimates of α' vary widely, from 0.02 to 0.82, and that the Sepkovic study, which has a very

large weight, has the lowest α' estimate. A simple unweighted mean of the 12 estimates is 0.38, much higher than the weighted estimate of 0.18.

The model with a different intercept per study, log cigs/day and the same estimate of α' for each study results in a deviance of 231.27 on 296 DF. Bringing in a different estimate of α' for each study reduces the deviance to 201.53 on 285 DF, giving an F statistic of 3.82 which is significant at $p < 0.001$, confirming the heterogeneity between the estimates of α' over the studies.

Examining the drop in deviance just due to log nicotine, allowing for different means per study but not log cigs/day, we see a drop of 9.4% from 373.25 on 298 DF to 338.16 on 297 DF, while allowing for log cigs/day gives a 8.7% drop from 253.25 on 297 DF to 231.27 on 296 DF.

The values for urinary metabolites are identical to those used in the analysis for nicotine, so it is clear that the estimate using plasma and salivary cotinine must be lower than before. Table 8 shows the analysis for plasma and saliva only, and the resulting weighted estimate of α' is only 0.16 (0.04). The drop in deviance with this subset of the data is 9.0% from 311.85 on 190 DF to 283.72 on 189 DF without log cigs/day, while with log cigs/day it gives only a 7.5% drop from 202.23 on 189 DF to 187.12 on 188 DF. Note also that bringing in a different estimate of α' over all the studies reduces the deviance significantly further, to 164.27 on DF, giving an F statistic of 3.13 ($p < 0.01$). Thus even within

the plasma and salivary data there is significant heterogeneity between the estimates of α' . As before, the unweighted estimate of α' , 0.37, is much higher than the weighted estimate of 0.16, reflecting the large contribution of the Sepkovic estimate of 0.02 to the weighted figure.

4.3 CO

Though clearly we are most interested in relating the primary biomarkers of nicotine and its metabolites to nicotine yield it is also of interest to look at some of the other smoking related variables measured. First we look at CO levels, though it must be borne in mind that this variable can be greatly affected by the time since the last cigarette. Table 9 shows the 12 studies with data on CO values, nicotine yield and number of cigarettes. This gives 3254 subjects with %COHb measurements and 3887 subjects measured as ppm. These measurements, not surprisingly, have different mean values, 4.21 (0.18) for %COHb and 25.25 (1.50) for ppm. From Table 10 it can be seen that the estimates of α' are slightly less variable than above, and that we have some estimates that are less than zero, ranging from -0.1 to 0.33 , with an overall estimate of 0.08 (0.02). An unweighted estimate is slightly higher, at 0.13 . The drop in deviance due to log nicotine yield is only 4.0% without including log cigs/day and only slightly larger at 5.7% with log cigs/day. It is again clear that not allowing for models with different intercepts for each study gives much larger values for the deviance. There is a clear effect of log cigs/day, with an estimate for β of 0.46 (0.05). This seems

consistent over the ways of measuring CO, with estimates of 0.48 (0.06) for %COHb versus 0.42 (0.08) for ppm.

4.4 Thiocyanate (SCN)

Table 11 gives details of the 5 studies with data on SCN values, nicotine yield and number of cigarettes. There are 4106 subjects with plasma readings and 150 with saliva readings. Saliva readings are significantly higher than the plasma readings, 169.13 (6.98) vs 141.59 (4.98) respectively in the unweighted analysis. Table 12 shows that, when not allowing for sex, log SCN is mildly related to log number of cigarettes, but not to log nicotine yield where the weighted estimate of α' is 0.06 (0.05), little different from the unweighted estimate of 0.07. When including sex in the model, the effect of log number of cigarettes is much larger and more significant, with an estimate β of 0.34 (0.05). In this model log nicotine yield was also significant, though quite small, with α' 0.08 (0.03). It is difficult to tell if these are real effects, or if we are overfitting models to small amounts of data.

4.5 Summary of estimates

Table 13 summarizes the estimates of the compensation index for nicotine yields for the various biomarkers. Note that a 50% reduction in nicotine yield would predict reductions in the biomarker level of 24%, 19% and 13% for compensation index estimates of, respectively, 0.6, 0.7 and 0.8. In all cases the index is very highly significantly greater than 0, implying that compensation

certainly exists. However, the index is always less than 1 (significantly so except for the limited data for thiocyanate) with estimates ranging from 0.63 to 0.84 for the primary biomarkers of nicotine and cotinine. The secondary biomarkers of CO and SCN have estimates very close to 1, but then we are comparing these to nicotine yield rather than CO or SCN yield.

The estimates of the compensation index appear rather higher for cotinine than for nicotine. This is related to the analysis being weighted on the number of subjects, and the Sepkovic study being very large and having a high compensation index estimate of 0.98 for cotinine. Unweighted estimates of the compensation index are quite similar for nicotine and for cotinine (nicotine total 0.67, nicotine in plasma 0.67, nicotine in urine 0.59, cotinine total 0.62, cotinine in plasma 0.62).

These estimates are adjusted by log cigs/day. Comparing the deviance of the model involving log nicotine yield, the percentage of variance in log biomarker explained by log nicotine yield ranges from 7.5% to 17.6% for the primary biomarkers, and only from 5.3% to 5.7% for the secondary biomarkers.

The compensation index estimates for nicotine (total and plasma only) and for SCN show no significant variation by study. Significant heterogeneity is seen for urinary nicotine, cotinine and for CO. However, even then all the individual

study estimates for cotinine and urinary nicotine show partial compensation ($0 < \text{index} < 1$).

Table 14 summarizes the estimates of the slope of the relationship between log biomarker and log cigs/day (adjusted for log nicotine yield). With the exception of the limited data for SCN, all the slopes are highly significantly positive, with the nicotine and cotinine estimates around 0.7. A slope of 0.7 implies that a 100% increase in number of cigarettes smoked results in a 62% increase in biomarker level. The variance explained by log cigs/day is clearly greater than that explained by log nicotine.

5. Summary and Conclusions

The data from the cross-sectional field studies on smoking behaviour and smoke uptake in relation to cigarette yield as given in Table 3 of the 1999 review by Scherer¹ have been entered into a database to allow detailed analysis.

Models relating log biomarker level to log nicotine yield and log cigs/day have been fitted to allow estimation of the compensation index for nicotine yield, as defined by P.N. Lee. Estimates of the compensation index vary somewhat dependent on the biomarker used (nicotine, cotinine, CO or SCN) but are consistent with substantial, but incomplete, compensation. Estimates weighted on number of subjects are very similar for nicotine in plasma, 0.65 (S.E. 0.06) and for nicotine in urine, 0.63 (0.07), but the estimate for cotinine in plasma or saliva is rather higher, 0.84 (0.04). The estimates for secondary biomarkers CO, 0.92 (0.02), and serum thiocyanate, 0.94(0.05), indicate nearly complete compensation.

The higher estimate of the compensation index for cotinine than for nicotine is related to the very high estimate of 0.98 in the large Sepkovic study. Estimates of the compensation index unweighted on study size are much more similar for nicotine (0.67 in plasma, 0.59 in urine) and cotinine (0.63 in plasma or saliva).

The effect of log cigs/day on biomarker levels is highly significant, except for serum thiocyanate. The slope of the log biomarker / log cigs/day relationship

(adjusted for log nicotine yield) is estimated as 0.66 (0.06) and 0.69 (0.06) for cotinine. Cigarettes/day explains substantially more of the variability in biomarker levels than does nicotine yield.

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Table 2

Meta-analysis of studies in Scherer 1999A Table 3
 Frequency Table
 Studies of Interest: nicotine >0 and nicotine yield >0

| Study | N | Number of Data points per study | | Total Number of Subjects | |
|-------------------------|-----|------------------------------------|-------|-----------------------------|-------|
| | | 1 | 2 | 1 | 2 |
| | | Plasma | Urine | Plasma | Urine |
| Russell et al (1980) | 5 | 953 | 117 | 2391 | 337 |
| Heller et al (1982) | 145 | 5 | 0 | 222 | 0 |
| Ebert et al (1983) | 3 | 145 | 0 | 145 | 0 |
| Hill et al (1983) | 12 | 3 | 0 | 76 | 0 |
| Gori and Lynch (1985) | 773 | 12 | 0 | 370 | 0 |
| Russel et al (1986) | 6 | 773 | 0 | 773 | 0 |
| Bridges et al (1986,90) | 5 | 6 | 0 | 392 | 0 |
| Hofer et al (1991) | 4 | 5 | 0 | 269 | 0 |
| Byrd et al (1995) | 0 | 4 | 33 | 144 | 33 |
| Hee et al (1995) | 0 | 0 | 6 | 108 | 108 |
| Andersson et at (1996) | 0 | 0 | 6 | 124 | 124 |
| Byrd et al (1997) | 0 | 0 | 72 | 72 | 72 |

Weighted on number of subjects

| Log Nicotine | | Deviance | (DF) | | | |
|---|-----|----------|--------|------|--------|--------|
| Model 1 | | 768.31 | (1069) | | | |
| Log Nicotine predicted by Log Nicotine Yield per Study | | | | | | |
| | | Deviance | (DF) | | | |
| | | 302.90 | (1046) | | | |
| | | Estimate | S.E. | P | 95%CIl | 95%CIu |
| Russell et al (1980) | 5 | 0.23 | 0.14 | N.S. | -0.05 | 0.51 |
| Heller et al (1982) | 145 | 0.59 | 0.12 | +++ | 0.36 | 0.82 |
| Ebert et al (1983) | 3 | 0.22 | 0.11 | + | 0.02 | 0.43 |
| Hill et al (1983) | 12 | 0.48 | 0.09 | +++ | 0.31 | 0.66 |
| Gori and Lynch (1985) | 773 | 0.21 | 0.03 | +++ | 0.15 | 0.27 |
| Russel et al (1986) | 6 | 0.36 | 0.11 | +++ | 0.15 | 0.58 |
| Bridges et al (1986,90) | 5 | 0.34 | 0.16 | + | 0.03 | 0.64 |
| Hofer et al (1991) | 4 | 0.34 | 0.08 | +++ | 0.19 | 0.49 |
| Byrd et al (1995) | 33 | 0.79 | 0.13 | +++ | 0.54 | 1.04 |
| Hee et al (1995) | 6 | 0.31 | 0.11 | ++ | 0.09 | 0.53 |
| Andersson et at (1996) | 6 | 0.10 | 0.27 | N.S. | -0.44 | 0.64 |
| Byrd et al (1997) | 72 | 0.09 | 0.07 | N.S. | -0.05 | 0.23 |
| Model with same slope for Log Nicotine Yield per study | | | | | | |
| | | Deviance | (DF) | | | |
| | | 315.36 | (1057) | | | |
| | | Estimate | S.E. | P | 95%CIl | 95%CIu |
| Log Nicotine Yield | | 0.27 | 0.02 | +++ | 0.22 | 0.31 |

Table 3

Meta-analysis of studies in Scherer 1999A Table 3
 Frequency Table
 Studies of Interest: number of cigarettes >0, nicotine >0 and nicotine yield >0

| Study | N | Number of Data points per study | | Total Number of Subjects | |
|-------------------------|-----|------------------------------------|-------|-----------------------------|-------|
| | | 1 | 2 | 1 | 2 |
| | | Plasma | Urine | Plasma | Urine |
| Russell et al (1980) | 5 | 0 | 222 | | |
| Heller et al (1982) | 145 | 0 | 145 | | |
| Ebert et al (1983) | 3 | 0 | 76 | | |
| Hill et al (1983) | 12 | 0 | 370 | | |
| Russel et al (1986) | 6 | 0 | 392 | | |
| Bridges et al (1986,90) | 5 | 0 | 269 | | |
| Hofer et al (1991) | 4 | 0 | 144 | | |
| Byrd et al (1995) | 0 | 33 | | | 33 |
| Hee et al (1995) | 0 | 6 | | | 108 |
| Andersson et at (1996) | 0 | 6 | | | 124 |
| Byrd et al (1997) | 0 | 72 | | | 72 |

| Nicotine | | | |
|----------|-------|-------|-----|
| | N | 180 | 117 |
| Mean | 17.26 | 23.41 | |
| St.Err | 0.88 | 1.08 | |
| St.Dev | 11.78 | 11.73 | |
| Var | P | N.S. | |
| F | | 19.38 | |
| P | | +++ | |

Table 4

Meta-analysis of studies in Scherer 1999A Table 3
 Linear Regression
 Studies of Interest: number of cigarettes >0, nicotine >0 and nicotine yield >0

Weighted on number of subjects

Log Nicotine

| | Deviance | (DF) |
|--|----------|-------|
| Model 1 | 609.71 | (296) |
| (Different mean for way nicotine measured) | | |
| Model : means for each study | 251.10 | (286) |
| : + log cigs/day only | 178.41 | (285) |
| : + log Nic Yield only | 219.12 | (285) |

Log Nicotine predicted by

Log Nicotine Yield per Study

Adjusted by log number of cigarettes per day

| | Deviance | (DF) | | | 95%CIl | 95%CIu |
|-------------------------|----------|-------|------|--|--------|--------|
| | 139.85 | (274) | | | | |
| | Estimate | S.E. | P | | | |
| Russell et al (1980) | 5 0.19 | 0.19 | N.S. | | -0.19 | 0.57 |
| Heller et al (1982) | 145 0.55 | 0.16 | +++ | | 0.24 | 0.86 |
| Ebert et al (1983) | 3 0.29 | 0.14 | + | | 0.01 | 0.56 |
| Hill et al (1983) | 12 0.48 | 0.12 | +++ | | 0.25 | 0.72 |
| Russel et al (1986) | 6 0.31 | 0.15 | + | | 0.02 | 0.59 |
| Bridges et al (1986,90) | 5 0.22 | 0.21 | N.S. | | -0.20 | 0.63 |
| Hofer et al (1991) | 4 0.30 | 0.10 | ++ | | 0.10 | 0.50 |
| Byrd et al (1995) | 33 0.78 | 0.17 | +++ | | 0.44 | 1.11 |
| Hee et al (1995) | 6 0.31 | 0.15 | + | | 0.02 | 0.60 |
| Andersson et at (1996) | 6 0.11 | 0.36 | N.S. | | -0.60 | 0.83 |
| Byrd et al (1997) | 72 0.13 | 0.09 | N.S. | | -0.05 | 0.32 |

Model with same slope for Log Nicotine Yield per study

| | Deviance | (DF) | | | 95%CIl | 95%CIu |
|--------------------|----------|-------|-----|--|--------|--------|
| | 148.20 | (284) | | | | |
| | Estimate | S.E. | P | | | |
| Log Nicotine Yield | 0.33 | 0.04 | +++ | | 0.24 | 0.41 |
| Log cigs/day | 0.66 | 0.06 | +++ | | 0.55 | 0.77 |

Model with same slope for Log Nicotine Yield per study, different slope for log cigs/day by Nicotine Type

| | Deviance | (DF) | Drop Dev | P | | |
|-----------------------|----------|-------|----------|---|--------|--------|
| | 146.14 | (283) | 2.06 | * | | |
| | Estimate | S.E. | P | | 95%CIl | 95%CIu |
| Log Nicotine Yield | 0.33 | 0.04 | +++ | | 0.25 | 0.41 |
| Log cigs/day (Plasma) | 180 0.62 | 0.06 | +++ | | 0.50 | 0.73 |
| Log cigs/day (Urine) | 117 0.99 | 0.17 | +++ | | 0.64 | 1.33 |

Model with same intercept and slope for Log Nicotine Yield per study

| | Deviance | (DF) | Drop Dev | P | | |
|-------------------------------|----------|---------|----------|-----|--------|--------|
| | 400.45 | (293) | 92.04 | *** | | |
| | Estimate | S.E. | P | | 95%CIl | 95%CIu |
| Constant | 1.35 | 0.23 | +++ | | | |
| Values in Body: Nicotine type | | | | | | |
| Plasma | 180 | Aliased | | | | |
| Urine | 117 | 0.49 | 0.08 | +++ | 0.34 | 0.64 |
| Log Nicotine Yield | | 0.52 | 0.06 | +++ | 0.41 | 0.63 |
| Log cigs/day | | 0.57 | 0.07 | +++ | 0.43 | 0.70 |

Table 4

Meta-analysis of studies in Scherer 1999A Table 3
 Linear Regression
 Studies of Interest: number of cigarettes >0, nicotine >0 and nicotine yield >0

Weighted on number of subjects

| Log Nicotine | | | | | | | |
|---|----------|---------|----------|-----|--------|--------|--|
| Model with same intercept and slope for Log Nicotine Yield per study, including Sex | | | | | | | |
| | Deviance | (DF) | Drop Dev | P | | | |
| | 354.89 | (291) | 45.56 | *** | | | |
| | Estimate | S.E. | P | | 95%CIl | 95%Ciu | |
| Constant | 1.60 | 0.23 | +++ | | | | |
| Values in Body: Nicotine type | | | | | | | |
| Plasma | 180 | Aliased | | | | | |
| Urine | 117 | 0.40 | 0.08 | +++ | 0.25 | 0.56 | |
| Log Nicotine Yield | | 0.45 | 0.06 | +++ | 0.34 | 0.56 | |
| Log cigs/day | | 0.48 | 0.07 | +++ | 0.35 | 0.62 | |
| Sex | | | | | | | |
| Males | 265 | Aliased | | | | | |
| Females | 8 | 0.29 | 0.06 | +++ | 0.16 | 0.42 | |
| Both | 24 | -0.15 | 0.06 | - | -0.28 | -0.02 | |

Table 5

Meta-analysis of studies in Scherer 1999A Table 3
 Linear Regression
 Studies of Interest: number of cigarettes >0, nicotine >0 and nicotine yield >0

Weighted on number of subjects

Log Nicotine

Plasma values only

| | Deviance | (DF) |
|------------------------------|----------|-------|
| Model 1 | 486.27 | (179) |
| Model : means for each study | 186.12 | (173) |
| : + log cigs/day only | 126.50 | (172) |
| : + log Nic Yield only | 160.39 | (172) |

Log Nicotine predicted by
 Log Nicotine Yield per Study
 Adjusted by log number of cigarettes per day

| | Deviance | (DF) | | | 95%CIl | 95%CIu |
|-------------------------|----------|------|------|------|--------|--------|
| | Estimate | S.E. | P | | | |
| Russell et al (1980) | 5 | 0.19 | 0.21 | N.S. | -0.23 | 0.61 |
| Heller et al (1982) | 145 | 0.55 | 0.17 | ++ | 0.21 | 0.89 |
| Ebert et al (1983) | 3 | 0.28 | 0.16 | (+) | -0.02 | 0.59 |
| Hill et al (1983) | 12 | 0.48 | 0.13 | +++ | 0.22 | 0.74 |
| Russel et al (1986) | 6 | 0.31 | 0.16 | (+) | -0.01 | 0.63 |
| Bridges et al (1986,90) | 5 | 0.22 | 0.23 | N.S. | -0.23 | 0.68 |
| Hofer et al (1991) | 4 | 0.30 | 0.11 | ++ | 0.08 | 0.52 |

Model with same slope for Log Nicotine Yield per study

| | Deviance | (DF) | | | 95%CIl | 95%CIu |
|--------------------|----------|------|-----|--|--------|--------|
| | Estimate | S.E. | P | | | |
| Log Nicotine Yield | 0.35 | 0.06 | +++ | | 0.24 | 0.46 |
| Log cigs/day | 0.62 | 0.06 | +++ | | 0.49 | 0.74 |

Model with same intercept and slope for Log Nicotine Yield per study

| | Deviance | (DF) | | | 95%CIl | 95%CIu |
|--------------------|----------|------|-----|--|--------|--------|
| | Estimate | S.E. | P | | | |
| Constant | 0.56 | 0.25 | + | | | |
| Log Nicotine Yield | 0.58 | 0.07 | +++ | | 0.44 | 0.71 |
| Log cigs/day | 0.81 | 0.08 | +++ | | 0.66 | 0.96 |

Model with same intercept and slope for Log Nicotine Yield per study, including Sex

| | Deviance | (DF) | Drop Dev | P | | |
|--------------------|----------|---------|----------|------|--------|--------|
| | Estimate | S.E. | P | ** | 95%CIl | 95%CIu |
| Constant | 0.87 | 0.27 | ++ | | | |
| Log Nicotine Yield | 0.51 | 0.07 | +++ | | 0.37 | 0.66 |
| Log cigs/day | 0.72 | 0.08 | +++ | | 0.56 | 0.88 |
| Sex | | | | | | |
| Males | 156 | Aliased | | | | |
| Females | 5 | 0.12 | 0.07 | N.S. | -0.03 | 0.26 |
| Both | 19 | -0.14 | 0.07 | - | -0.27 | -0.00 |

Table 5

Meta-analysis of studies in Scherer 1999A Table 3
 Linear Regression
 Studies of Interest: number of cigarettes >0, nicotine >0 and nicotine yield >0

Weighted on number of subjects

Urine values (including metabolites) only

Log Nicotine

| | Deviance | (DF) |
|------------------------------|----------|-------|
| Model 1 | 296.97 | (255) |
| Model : means for each study | 215.38 | (251) |
| : + log cigs/day only | 167.90 | (250) |
| : + log Nic Yield only | 201.12 | (250) |

Log Nicotine predicted by
 Log Nicotine Yield per Study
 Adjusted by log number of cigarettes per day

| | Deviance | (DF) | | | 95%CIl | 95%CIu |
|------------------------|----------|-------|------|--|--------|--------|
| | 143.55 | (245) | | | | |
| | Estimate | S.E. | P | | | |
| Heller et al (1982) | 139 0.70 | 0.17 | +++ | | 0.37 | 1.04 |
| Byrd et al (1995) | 33 0.77 | 0.18 | +++ | | 0.42 | 1.12 |
| Hee et al (1995) | 6 0.31 | 0.16 | (+) | | -0.00 | 0.62 |
| Andersson et at (1996) | 6 0.12 | 0.39 | N.S. | | -0.65 | 0.88 |
| Byrd et al (1997) | 72 0.16 | 0.10 | N.S. | | -0.04 | 0.36 |

Model with same slope for Log Nicotine Yield per study

| | Deviance | (DF) | | | 95%CIl | 95%CIu |
|--------------------|----------|-------|-----|--|--------|--------|
| | 151.59 | (249) | | | | |
| | Estimate | S.E. | P | | | |
| Log Nicotine Yield | 0.37 | 0.07 | +++ | | 0.23 | 0.50 |
| Log cigs/day | 1.03 | 0.11 | +++ | | 0.81 | 1.26 |

Model with same intercept and slope for Log Nicotine Yield per study

| | Deviance | (DF) | | | 95%CIl | 95%CIu |
|--------------------|----------|-------|------|--|--------|--------|
| | 287.02 | (253) | | | | |
| | Estimate | S.E. | P | | | |
| Log Nicotine Yield | 0.24 | 0.08 | ++ | | 0.07 | 0.40 |
| Log cigs/day | -0.01 | 0.11 | N.S. | | -0.22 | 0.21 |

Model with same intercept and slope for Log Nicotine Yield per study, including Sex

| | Deviance | (DF) | Drop Dev | P | | |
|--------------------|----------|---------|----------|------|--------|--------|
| | 243.38 | (251) | 43.64 | *** | | |
| | Estimate | S.E. | P | | 95%CIl | 95%CIu |
| Constant | 2.09 | 0.35 | +++ | | | |
| Log Nicotine Yield | 0.36 | 0.08 | +++ | | 0.21 | 0.52 |
| Log cigs/day | 0.35 | 0.12 | ++ | | 0.12 | 0.58 |
| Sex | | | | | | |
| Males | 248 | Aliased | | | | |
| Females | 3 | 1.01 | 0.15 | +++ | 0.71 | 1.30 |
| Both | 5 | 0.22 | 0.45 | N.S. | -0.66 | 1.10 |

Table 6

Meta-analysis of studies in Scherer 1999A Table 3
 Frequency Table
 Studies of Interest: number of cigarettes >0, cotinine >0 and nicotine yield >0

| Study | N | Number of Data points per study | | | Total Number of Subjects | | |
|-----------------------------------|--------|------------------------------------|--------|--------|-----------------------------|-------|--------|
| | | 1 | 2 | 3 | 1 | 2 | 3 |
| | | Plasma | Urine | Saliva | Plasma | Urine | Saliva |
| Heller et al (1982) | 193 | 146 | 119 | 6 | 5947 | 213 | 124 |
| Hill et al (1983) | 12 | 6 | 0 | 0 | 370 | | |
| Russel et al (1986) | 6 | 5 | 0 | 0 | 392 | | |
| Bridges et al (1986,90) | 5 | 8 | 0 | 0 | 269 | | |
| Sepkovic et al (1990) | 8 | 4 | 0 | 0 | 1747 | | |
| Hofer et al (1991) | 4 | 4 | 0 | 0 | 144 | | |
| Rosa et al (1992) | 4 | 8 | 0 | 0 | 2754 | | |
| Woodward & Tunstall-Pedoe 1992 | 8 | 0 | 0 | 0 | | | |
| Byrd et al (1995) | 0 | 0 | 33 | 0 | | 33 | |
| Hee et al (1995) | 0 | 0 | 6 | 0 | | 108 | |
| Andersson et at (1996) | 0 | 0 | 0 | 6 | | | 124 |
| Byrd et al (1997) | 0 | 0 | 72 | 0 | | 72 | |
| Cotinine | | | | | | | |
| | N | 193 | 111 | 6 | | | |
| | Mean | 194.62 | 23.34 | 250.82 | | | |
| | St.Err | 9.24 | 1.14 | 23.31 | | | |
| | St.Dev | 128.42 | 11.96 | 57.09 | | | |
| | Var P | | *** | (*) | | | |
| | F | | 198.43 | 1.76 | | | |
| | P | | --- | N.S. | | | |

Table 7

Meta-analysis of studies in Scherer 1999A Table 3
 Linear Regression
 Studies of Interest: number of cigarettes >0, cotinine >0 and nicotine yield >0

| <u>Weighted on number of subjects</u> | | | | | | |
|---|----------|----------|-------|----------|--------|-------|
| Log Cotinine | | | | | | |
| | | Deviance | (DF) | | | |
| Model 1 (Overall mean) | | 1666.39 | (309) | | | |
| Model : means for each study | | 373.25 | (298) | | | |
| : + log cigs/day only | | 253.25 | (297) | | | |
| : + log Nic Yield only | | 338.16 | (297) | | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Log Cotinine predicted by | | | | | | |
| Log Nicotine Yield per Study | | | | | | |
| Adjusted by log number of cigarettes per day | | | | | | |
| | | Deviance | (DF) | | | |
| | | 201.53 | (285) | | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Heller et al (1982) | 146 | 0.76 | 0.18 | +++ | 0.40 | 1.12 |
| Hill et al (1983) | 12 | 0.42 | 0.14 | ++ | 0.15 | 0.70 |
| Russel et al (1986) | 6 | 0.08 | 0.17 | N.S. | -0.25 | 0.42 |
| Bridges et al (1986,90) | 5 | 0.24 | 0.25 | N.S. | -0.25 | 0.73 |
| Sepkovic et al (1990) | 8 | 0.02 | 0.05 | N.S. | -0.07 | 0.12 |
| Hofer et al (1991) | 4 | 0.24 | 0.12 | + | 0.01 | 0.47 |
| Rosa et al (1992) | 4 | 0.82 | 0.25 | ++ | 0.33 | 1.32 |
| Woodward & Tunstall-Pedoe | 8 | 0.27 | 0.09 | ++ | 0.10 | 0.44 |
| Byrd et al (1995) | 33 | 0.78 | 0.20 | +++ | 0.39 | 1.16 |
| Hee et al (1995) | 6 | 0.31 | 0.17 | (+) | -0.03 | 0.65 |
| Andersson et at (1996) | 6 | 0.50 | 0.42 | N.S. | -0.34 | 1.34 |
| Byrd et al (1997) | 72 | 0.13 | 0.11 | N.S. | -0.09 | 0.35 |
| Model with same slope for Log Nicotine Yield per study | | | | | | |
| | | Deviance | (DF) | | | |
| | | 231.27 | (296) | | | |
| Log Nicotine Yield | | 0.18 | 0.03 | +++ | 0.11 | 0.25 |
| Log cigs/day | | 0.69 | 0.06 | +++ | 0.58 | 0.81 |
| Model with same slope for Log Nicotine Yield per study, different slope for log cigs/day by Cotinine Type | | | | | | |
| | | Deviance | (DF) | Drop Dev | P | |
| | | 230.21 | (294) | 1.06 | N.S. | |
| Log Nicotine Yield | | 0.19 | 0.03 | +++ | 0.12 | 0.25 |
| Log cigs/day (Plasma) | 193 | 0.68 | 0.06 | +++ | 0.56 | 0.80 |
| Log cigs/day (Urine) | 111 | 0.98 | 0.25 | +++ | 0.49 | 1.46 |
| Log cigs/day (Saliva) | 6 | 0.67 | 0.43 | N.S. | -0.17 | 1.51 |
| Model with same intercept and slope for Log Nicotine Yield per study | | | | | | |
| | | Deviance | (DF) | | | |
| | | 495.07 | (305) | | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Constant | 3.93 | 0.19 | +++ | | | |
| Cotinine Type | | | | | | |
| Plasma | 193 | Aliased | | | | |
| Urine | 111 | -1.98 | 0.09 | --- | -2.17 | -1.80 |
| Saliva | 6 | 0.01 | 0.12 | N.S. | -0.22 | 0.24 |
| Log Nicotine Yield | | 0.29 | 0.04 | +++ | 0.20 | 0.37 |
| Log cigs/day | | 0.54 | 0.06 | +++ | 0.42 | 0.66 |

Table 7

Meta-analysis of studies in Scherer 1999A Table 3
Linear Regression

Studies of Interest: number of cigarettes >0, cotinine >0 and nicotine yield >0

Weighted on number of subjects

| Log Cotinine | | | | | | | |
|---|----------|---------|----------|------|--------|--|--------|
| Model with same intercept and slope for Log Nicotine Yield per study, including Sex | | | | | | | |
| | Deviance | (DF) | Drop Dev | P | | | |
| | 488.18 | (303) | 6.89 | N.S. | | | |
| | Estimate | S.E. | P | | 95%CIl | | 95%CIu |
| Constant | 3.74 | 0.21 | +++ | | | | |
| | Estimate | S.E. | P | | 95%CIl | | 95%CIu |
| Cotinine Type | | | | | | | |
| Plasma | 193 | Aliased | | | | | |
| Urine | 111 | -1.96 | 0.10 | --- | -2.16 | | -1.77 |
| Saliva | 6 | 0.07 | 0.12 | N.S. | -0.17 | | 0.30 |
| Log Nicotine Yield | | 0.29 | 0.05 | +++ | 0.19 | | 0.38 |
| Log cigs/day | | 0.59 | 0.07 | +++ | 0.46 | | 0.72 |
| Sex | | | | | | | |
| Males | 267 | Aliased | | | | | |
| Females | 10 | 0.09 | 0.04 | + | 0.00 | | 0.18 |
| Both | 33 | 0.05 | 0.04 | N.S. | -0.03 | | 0.14 |

Table 8

Meta-analysis of studies in Scherer 1999A Table 3
 Linear Regression
 Studies of Interest: number of cigarettes >0, cotinine >0 and nicotine yield >0

Weighted on number of subjects

Plasma and Saliva Only

| Log Cotinine | | | | | | |
|--|----------|---------|----------|--------|--------|------|
| | Deviance | (DF) | | | | |
| Model 1 | 576.42 | (198) | | | | |
| Model : means for each study | 311.85 | (190) | | | | |
| : + log cigs/day only | 202.23 | (189) | | | | |
| : + log Nic Yield only | 283.72 | (189) | | | | |
| Log Cotinine predicted by | | | | | | |
| Log Nicotine Yield per Study | | | | | | |
| Adjusted by log number of cigarettes per day | | | | | | |
| | Deviance | (DF) | | | | |
| | 164.27 | (180) | | | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Heller et al (1982) | 146 0.76 | 0.21 | +++ | 0.35 | 1.17 | |
| Hill et al (1983) | 12 0.42 | 0.16 | ++ | 0.11 | 0.74 | |
| Russel et al (1986) | 6 0.08 | 0.19 | N.S. | -0.30 | 0.47 | |
| Bridges et al (1986,90) | 5 0.24 | 0.28 | N.S. | -0.31 | 0.80 | |
| Sepkovic et al (1990) | 8 0.02 | 0.05 | N.S. | -0.08 | 0.13 | |
| Hofer et al (1991) | 4 0.24 | 0.13 | (+) | -0.02 | 0.51 | |
| Rosa et al (1992) | 4 0.83 | 0.28 | ++ | 0.27 | 1.39 | |
| Woodward & Tunstall-Pedoe | 8 0.27 | 0.10 | ++ | 0.08 | 0.47 | |
| Andersson et at (1996) | 6 0.50 | 0.49 | N.S. | -0.46 | 1.46 | |
| Model with same slope for Log Nicotine Yield per study | | | | | | |
| | Deviance | (DF) | | | | |
| | 187.12 | (188) | | | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Log Nicotine Yield | 0.16 | 0.04 | +++ | 0.08 | 0.25 | |
| Log cigs/day | 0.68 | 0.07 | +++ | 0.55 | 0.82 | |
| Model with same intercept and slope for Log Nicotine Yield per study | | | | | | |
| | Deviance | (DF) | | | | |
| | 337.98 | (196) | | | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Constant | 3.39 | 0.21 | +++ | | | |
| Log Nicotine Yield | 0.24 | 0.05 | +++ | 0.14 | 0.33 | |
| Log cigs/day | 0.73 | 0.07 | +++ | 0.59 | 0.86 | |
| | Deviance | (DF) | Drop Dev | P | | |
| | 332.48 | (194) | 5.50 | N.S. | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Constant | 3.23 | 0.23 | +++ | | | |
| Log Nicotine Yield | 0.23 | 0.05 | +++ | 0.13 | 0.33 | |
| Log cigs/day | 0.77 | 0.07 | +++ | 0.62 | 0.91 | |
| Sex | | | | | | |
| Males | 164 | Aliased | | | | |
| Females | 7 | 0.08 | 0.05 | (+) | -0.01 | 0.17 |
| Both | 28 | 0.04 | 0.04 | N.S. | -0.04 | 0.13 |

Table 9

Meta-analysis of studies in Scherer 1999A Table 3
 Frequency Table
 Studies of Interest: number of cigarettes >0, CO >0 and nicotine yield >0

| Study | N | Number of Data points per study | | Total Number of Subjects | |
|-----------------------------------|-----|------------------------------------|------|-----------------------------|------|
| | | 1 | 2 | 1 | 2 |
| | | %Hb | ppm | %Hb | ppm |
| Russell et al (1980) | 188 | 27 | 3254 | 3887 | |
| Jaffe1981 | 5 | 0 | 222 | | 200 |
| Heller et al (1982) | 0 | 8 | | | |
| Ebert et al (1983) | 146 | 0 | 146 | | |
| Hill et al (1983) | 0 | 3 | | | 76 |
| Russel et al (1986) | 12 | 0 | 370 | | |
| Bridges et al (1986,90) | 6 | 0 | 392 | | |
| Maron and Fortmann (1987) | 5 | 0 | 269 | | |
| Sepkovic et al (1990) | 0 | 4 | | | 713 |
| Hofer et al (1991) | 8 | 0 | 1747 | | |
| Woodward & Tunstall-Pedoe 1992 | 0 | 4 | | | 144 |
| Hee et al (1995) | 0 | 8 | | | 2754 |
| | 6 | 0 | 108 | | |

| CO | | | |
|--------|------|--------|----|
| | N | 188 | 27 |
| Mean | 4.21 | 25.25 | |
| St.Err | 0.18 | 1.72 | |
| St.Dev | 2.50 | 8.93 | |
| Var P | | *** | |
| F | | 686.27 | |
| P | | +++ | |

Table 10

Meta-analysis of studies in Scherer 1999A Table 3
 Linear Regression
 Studies of Interest: number of cigarettes >0, CO >0 and nicotine yield >0

| <u>Weighted on number of subjects</u> | | | | | | |
|---|----------|---------|----------|--------|--------|------|
| Log CO | | | | | | |
| | Deviance | (DF) | | | | |
| Model 1 | 4101.38 | (214) | | | | |
| Model : means for each study | 167.86 | (203) | | | | |
| : + log cigs/day only | 113.70 | (202) | | | | |
| : + log Nic Yield only | 161.08 | (202) | | | | |
| Log CO predicted by | | | | | | |
| Log Nicotine Yield per Study | | | | | | |
| Adjusted by log number of cigarettes per day | | | | | | |
| | Deviance | (DF) | | | | |
| | 95.09 | (190) | | | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Russell et al (1980) | 5 | -0.10 | 0.19 | N.S. | -0.48 | 0.27 |
| Jaffe1981 | 8 | 0.06 | 0.07 | N.S. | -0.08 | 0.20 |
| Heller et al (1982) | 146 | 0.33 | 0.15 | + | 0.03 | 0.64 |
| Ebert et al (1983) | 3 | 0.10 | 0.14 | N.S. | -0.17 | 0.38 |
| Hill et al (1983) | 12 | 0.13 | 0.12 | N.S. | -0.10 | 0.36 |
| Russel et al (1986) | 6 | 0.16 | 0.14 | N.S. | -0.13 | 0.44 |
| Bridges et al (1986,90) | 5 | 0.05 | 0.21 | N.S. | -0.36 | 0.46 |
| Maron and Fortmann (1987) | 4 | 0.07 | 0.05 | N.S. | -0.02 | 0.16 |
| Sepkovic et al (1990) | 8 | -0.02 | 0.04 | N.S. | -0.10 | 0.06 |
| Hofer et al (1991) | 4 | 0.11 | 0.10 | N.S. | -0.09 | 0.31 |
| Woodward & Tunstall-Pedoe | 8 | 0.32 | 0.07 | +++ | 0.18 | 0.46 |
| Hee et al (1995) | 6 | 0.32 | 0.15 | + | 0.03 | 0.61 |
| Model with same slope for Log Nicotine Yield per study | | | | | | |
| | Deviance | (DF) | | | | |
| | 107.23 | (201) | | | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Log Nicotine Yield | | 0.08 | 0.02 | +++ | 0.04 | 0.13 |
| Log cigs/day | | 0.46 | 0.05 | +++ | 0.37 | 0.55 |
| Model with same slope for Log Nicotine Yield per study, different slope for log cigs/day by CO Type | | | | | | |
| | Deviance | (DF) | Drop Dev | P | | |
| | 107.07 | (200) | 0.16 | N.S. | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Log Nicotine Yield | | 0.08 | 0.02 | +++ | 0.04 | 0.13 |
| Log cigs/day (%Hb) | 188 | 0.48 | 0.06 | +++ | 0.36 | 0.59 |
| Log cigs/day (ppm) | 27 | 0.42 | 0.08 | +++ | 0.27 | 0.58 |
| Model with same intercept and slope for Log Nicotine Yield per study | | | | | | |
| | Deviance | (DF) | Drop Dev | P | | |
| | 319.69 | (211) | 140.20 | | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| CO Type | | | | | | |
| %Hb | 188 | Aliased | | | | |
| ppm | 27 | 1.48 | 0.03 | +++ | 1.42 | 1.54 |
| Log Nicotine Yield | | 0.12 | 0.04 | +++ | 0.05 | 0.19 |
| Log cigs/day | | 0.56 | 0.06 | +++ | 0.45 | 0.68 |
| Model with same intercept and slope for Log Nicotine Yield per study, including Sex | | | | | | |
| | Deviance | (DF) | Drop Dev | P | | |
| | 314.17 | (209) | 5.52 | N.S. | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Constant | | -0.11 | 0.20 | N.S. | | |
| CO Type | | | | | | |
| %Hb | 188 | Aliased | | | | |
| ppm | 27 | 1.47 | 0.03 | +++ | 1.41 | 1.54 |
| Log Nicotine Yield | | 0.12 | 0.04 | ++ | 0.05 | 0.19 |
| Log cigs/day | | 0.59 | 0.06 | +++ | 0.47 | 0.71 |
| Sex | | | | | | |
| Males | 168 | Aliased | | | | |
| Females | 16 | 0.07 | 0.04 | (+) | -0.01 | 0.15 |
| Both | 31 | 0.01 | 0.04 | N.S. | -0.07 | 0.09 |

Table 11

Meta-analysis of studies in Scherer 1999A Table 3
 Frequency Table
 Studies of Interest: number of cigarettes >0, SCN >0 and nicotine yield >0

| Study | N | Number of Data points per study | | Total Number of Subjects | |
|-------------------------------------|----|------------------------------------|-----|-----------------------------|-----|
| | | 1 | 2 | 1 | 2 |
| | | %Hb | ppm | %Hb | ppm |
| Jaffe et al (1981) | 29 | 0 | 8 | 4106 | 150 |
| Hill et al (1983) | 12 | 0 | 0 | 370 | 150 |
| Bridges et al (1986,90) | 5 | 0 | 0 | 269 | |
| Maron and Fortmann (1987) | 4 | 0 | 0 | 713 | |
| Woodward & Tunstall-Pedoe (1992) | 8 | 0 | 0 | 2754 | |

Values in Body: Thyocyanate (ug)

| | | |
|--------|--------|--------|
| N | 29 | 8 |
| Mean | 141.59 | 169.13 |
| St.Err | 4.98 | 6.98 |
| St.Dev | 26.84 | 19.75 |
| Var P | | N.S. |
| F | | 7.27 |
| P | | + |

Table 12

Meta-analysis of studies in Scherer 1999A Table 3
 Linear Regression
 Studies of Interest: number of cigarettes >0, SCN >0 and nicotine yield >0

| <u>Weighted on number of subjects</u> | | | | | | |
|--|------------|------|------|--------|--------|--|
| Log SCN | | | | | | |
| | Deviance | (DF) | | | | |
| Model 1 | 79.79 | (36) | | | | |
| Model : means for each study | 35.71 | (32) | | | | |
| : + log cigs/day only | 31.17 | (31) | | | | |
| : + log Nic Yield only | 33.96 | (31) | | | | |
| Log SCN predicted by | | | | | | |
| Log Nicotine Yield per Study | | | | | | |
| Adjusted by log number of cigarettes per day | | | | | | |
| | Deviance | (DF) | | | | |
| | 27.76 | (26) | | | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Jaffe (1981) | 8 -0.05 | 0.12 | N.S. | -0.29 | 0.20 | |
| Hill et al (1983) | 12 0.17 | 0.17 | N.S. | -0.19 | 0.52 | |
| Bridges et al (1986,90) | 5 0.04 | 0.30 | N.S. | -0.59 | 0.66 | |
| Maron and Fortmann (1987) | 4 0.05 | 0.07 | N.S. | -0.09 | 0.19 | |
| Woodward & Tunstall-Pedoe (1992) | 8 0.13 | 0.11 | N.S. | -0.09 | 0.35 | |
| Model with same slope for Log Nicotine Yield per study | | | | | | |
| | Deviance | (DF) | | | | |
| | 29.52 | (30) | | | | |
| | Estimate | S.E. | P | 95%CIl | 95%CIu | |
| Log Nicotine Yield | 0.06 | 0.05 | N.S. | -0.03 | 0.15 | |
| Log cigs/day | 0.16 | 0.08 | + | 0.01 | 0.32 | |
| Model with same slope for Log Nicotine Yield per study including Sex | | | | | | |
| | Deviance | (DF) | | | | |
| | 10.84 | (29) | | | | |
| | Estimate | S.E. | P | | | |
| Constant | 3.89 | 0.19 | +++ | | | |
| Sex | | | | | | |
| Males | 13 Aliased | | | | | |
| Females | 8 0.18 | 0.03 | +++ | 0.13 | 0.24 | |
| Both | 16 0.05 | 0.07 | N.S. | -0.09 | 0.19 | |
| Log Nicotine Yield | 0.08 | 0.03 | + | 0.02 | 0.14 | |
| Log cigs/day | 0.34 | 0.05 | +++ | 0.23 | 0.45 | |

Table 12

Meta-analysis of studies in Scherer 1999A Table 3
 Linear Regression
 Studies of Interest: number of cigarettes >0, SCN >0 and nicotine yield >0

| <u>Weighted on number of subjects</u> | | | | | | |
|---|----------|---------|----------|--------|--------|------|
| Log SCN | | | | | | |
| Model with same intercept and slope for Log Nicotine Yield per study | | | | | | |
| | Deviance | (DF) | | | | |
| | 56.82 | (33) | | | | |
| | Estimate | S.E. | P | 95%CI1 | 95%CIu | |
| Constant | 4.08 | 0.29 | +++ | | | |
| SCN Type | | | | | | |
| Plasma | 29 | Aliased | | | | |
| Saliva | 8 | 0.10 | 0.12 | N.S. | -0.14 | 0.34 |
| Log Nicotine Yield | | -0.04 | 0.06 | N.S. | -0.15 | 0.08 |
| Log cigs/day | | 0.28 | 0.10 | ++ | 0.08 | 0.48 |
| Model with same intercept and slope for Log Nicotine Yield per study, including Sex | | | | | | |
| | Deviance | (DF) | Drop Dev | P | | |
| | 28.03 | (31) | 28.79 | *** | | |
| | Estimate | S.E. | P | 95%CI1 | 95%CIu | |
| Constant | 3.55 | 0.25 | +++ | | | |
| SCN Type | | | | | | |
| Plasma | 29 | Aliased | | | | |
| Saliva | 8 | 0.10 | 0.09 | N.S. | -0.08 | 0.28 |
| Log Nicotine Yield | | 0.03 | 0.04 | N.S. | -0.06 | 0.12 |
| Log cigs/day | | 0.42 | 0.08 | +++ | 0.25 | 0.58 |
| Sex | | | | | | |
| Males | 13 | Aliased | | | | |
| Females | 8 | 0.15 | 0.04 | +++ | 0.07 | 0.23 |
| Both | 16 | 0.22 | 0.04 | +++ | 0.14 | 0.31 |

Table 13

Summary of estimates of compensation index (α) for nicotine yield (adjusted for cigarettes/day)

| Biomarker | No of studies | No of data points | Compensation Index (S.E.) | % of variance explained¹ | Heterogeneity² |
|-----------------------------|----------------------|--------------------------|----------------------------------|--|----------------------------------|
| Primary Biomarkers | | | | | |
| Nicotine | 11 | 297 | 0.67 (0.04) | 16.7% | N.S. |
| - in plasma | 7 | 180 | 0.65 (0.06) | 17.6% | N.S. |
| - in urine | 5 | 256 | 0.63 (0.07) | 9.7% | p<0.01 |
| | | | | | |
| Cotinine | 12 | 310 | 0.82 (0.03) | 8.7% | p<0.001 |
| - in plasma or saliva | 9 | 199 | 0.84 (0.04) | 7.5% | p<0.01 |
| | | | | | |
| Secondary Biomarkers | | | | | |
| CO | 12 | 215 | 0.92 (0.02) | | p<0.01 |
| SCN | 5 | 37 | 0.94 (0.05) | 5.3% | N.S. |

¹ Explained by log nicotine yield after adjustment for study means and log cigarettes/day

² N.S. = p \geq 0.1

Table 14

Summary of estimates of slope for log cigarettes/day (adjusted for log nicotine yield)

| Biomarker | Slope (S.E.) | % of variance explained¹ |
|-----------------------|---------------------|--|
| Nicotine | 0.66 (0.06) | 32.4% |
| - in plasma | 0.62 (0.06) | 35.0% |
| - in urine | 1.03 (0.11) | 24.6% |
| | | |
| Cotinine | 0.69 (0.06) | 31.6% |
| - in plasma or saliva | 0.68 (0.07) | 34.0% |
| | | |
| CO | 0.46 (0.05) | 33.4% |
| SCN | 0.16 (0.08) | 13.1% |

¹ Explained by log cigarettes/day after adjustment for study means and log nicotine yield