

ETS AND HEART DISEASE META-ANALYSES

Exposure	Estimates included	Number of estimates	Relative risk (95% confidence limits)*	
			Fixed-effects meta-analysis	Random-effects meta-analysis
Spouse ever smoked [†]	All	61	1.10 (1.08-1.13)	1.17 (1.11-1.24)
	(excluding Enstrom [‡])	59	1.12 (1.09-1.15)	1.19 (1.13-1.26)
	Male	21	1.04 (1.00-1.09)	1.07 (1.00-1.14)
	(excluding Enstrom [‡])	20	1.06 (1.01-1.11)	1.08 (1.02-1.15)
	Female	32	1.09 (1.05-1.12)	1.20 (1.12-1.29)
	(excluding Enstrom [‡])	31	1.10 (1.07-1.14)	1.23 (1.14-1.32)
	Sexes combined	8	1.33 (1.25-1.42)	1.32 (1.14-1.54)
	North America	24	1.05 (1.02-1.08)	1.07 (1.02-1.13)
	(excluding Enstrom [‡])	22	1.07 (1.04-1.10)	1.09 (1.04-1.15)
	Europe	15	1.33 (1.17-1.52)	1.33 (1.17-1.52)
	Asia	9	1.34 (1.19-1.50)	1.35 (1.18-1.56)
	Other	13	1.26 (1.19-1.33)	1.24 (1.07-1.44)
	1984-89	13	1.25 (1.14-1.37)	1.27 (1.13-1.41)
	1990-97	16	1.04 (1.01-1.08)	1.09 (1.01-1.16)
	1998-2004	14	1.07 (1.03-1.13)	1.14 (1.02-1.27)
	(excluding Enstrom [‡])	12	1.19 (1.12-1.27)	1.21 (1.09-1.36)
	2005-07	11	1.23 (1.16-1.30)	1.15 (1.04-1.28)
	2008 onwards	7	1.32 (1.15-1.51)	1.49 (1.13-1.97)
	1-99 cases	7	1.65 (1.30-2.10)	1.66 (1.30-2.13)
	100-199	12	1.39 (1.14-1.71)	1.39 (1.14-1.71)
	200-999	24	1.28 (1.18-1.38)	1.29 (1.16-1.44)
	1000+	18	1.08 (1.05-1.10)	1.08 (1.02-1.15)
	Case control studies	30	1.28 (1.21-1.36)	1.27 (1.15-1.40)
	Prospective studies	24	1.04 (1.01-1.07)	1.08 (1.02-1.13)
	Cross-sectional studies	7	1.20 (1.13-1.28)	1.25 (1.10-1.41)
	Spouse the index	33	1.03 (1.00-1.06)	1.06 (1.01-1.12)
	Not the index	28	1.23 (1.19-1.28)	1.24 (1.15-1.33)
Spouse current smoker [§]	All	61	1.11 (1.09-1.14)	1.19 (1.13-1.26)
	(excluding Enstrom [‡])	59	1.13 (1.11-1.16)	1.21 (1.14-1.28)
	Male	21	1.06 (1.01-1.11)	1.09 (1.01-1.17)
	(excluding Enstrom [‡])	20	1.08 (1.03-1.13)	1.11 (1.03-1.20)
	Female	32	1.10 (1.06-1.13)	1.22 (1.13-1.32)
	(excluding Enstrom [‡])	31	1.12 (1.08-1.15)	1.25 (1.15-1.35)
	Sexes combined	8	1.33 (1.25-1.42)	1.32 (1.14-1.54)
	North America	24	1.06 (1.03-1.09)	1.08 (1.03-1.14)
	(excluding Enstrom [‡])	22	1.08 (1.05-1.11)	1.11 (1.05-1.18)
	Europe	15	1.38 (1.20-1.58)	1.38 (1.20-1.58)
	Asia	9	1.37 (1.22-1.53)	1.37 (1.22-1.53)
	Other	13	1.26 (1.19-1.33)	1.24 (1.07-1.44)
	1984-89	13	1.25 (1.14-1.37)	1.26 (1.14-1.39)
	1990-97	16	1.06 (1.02-1.09)	1.13 (1.04-1.22)
	1998-2004	14	1.08 (1.03-1.14)	1.16 (1.02-1.31)
	(excluding Enstrom [‡])	12	1.20 (1.12-1.28)	1.25 (1.10-1.42)
	2005-07	11	1.23 (1.16-1.30)	1.15 (1.03-1.29)
	2008 onwards	7	1.32 (1.15-1.51)	1.49 (1.13-1.97)

ETS AND HEART DISEASE META-ANALYSES (Continued)

Exposure	Estimates included	Number of estimates	Relative risk (95% confidence limits)*	
			Fixed-effects meta-analysis	Random-effects meta-analysis
Spouse a current smoker (continued) [§]	1-99 cases	7	1.84 (1.40-2.40)	1.84 (1.40-2.40)
	100-199	12	1.41 (1.14-1.73)	1.41 (1.14-1.73)
	200-999	24	1.30 (1.20-1.41)	1.31 (1.17-1.48)
	1000+	18	1.09 (1.06-1.12)	1.09 (1.03-1.16)
	Case control studies	30	1.29 (1.21-1.36)	1.28 (1.14-1.43)
	Prospective studies	24	1.05 (1.02-1.09)	1.10 (1.04-1.17)
	Cross-sectional studies	7	1.20 (1.13-1.28)	1.25 (1.10-1.41)
	Spouse the index	33	1.04 (1.01-1.08)	1.11 (1.04-1.18)
	Not the index	28	1.23 (1.18-1.28)	1.23 (1.15-1.33)
	Workplace ETS exposure**	All	22	1.08 (0.99-1.19)
Male		9	1.06 (0.94-1.19)	1.06 (0.94-1.19)
Female		11	1.05 (0.90-1.22)	1.05 (0.90-1.22)
Sexes combined		2	1.85 (1.24-2.78)	1.85 (1.24-2.78)
North America		8	1.06 (0.95-1.18)	1.06 (0.95-1.18)
Europe		8	1.09 (0.89-1.32)	1.08 (0.83-1.40)
Asia		2	1.37 (0.90-2.09)	1.37 (0.90-2.09)
Other		4	1.24 (0.83-1.86)	1.24 (0.83-1.86)
Total ETS exposure	All	25	1.21 (1.16-1.27)	1.23 (1.11-1.37)
ETS assessed by biomarker (cotinine or COHb%)	All	6	1.14 (0.99-1.31)	1.22 (0.95-1.57)

* Relative risk estimates and 95% confidence limits used in these meta-analyses are adjusted for covariates if adjusted data are available, and otherwise are unadjusted. If the source publication provides more than one adjusted estimate, the data that are normally presented are those adjusted for most covariates.

† Index of exposure based on smoking by the spouse or, if not available, the nearest equivalent. Relative risk for spouse ever smoked versus never smoked where available, otherwise data for spouse a current smoker are used.

‡ The study by Enstrom and Kabat¹ has been widely criticised, though for reasons which bear little or no relationship to the data presented.² The effect of excluding this study from some meta-analysis results is shown for illustrative purposes.

§ Index of exposure based on smoking by the spouse or, if not available, the nearest equivalent. Relative risk for spouse a current smoker versus never or non smoker where available, otherwise data for spouse ever smoked are used.

** Results are based on analyses limited to the working population, if available. Otherwise, the unexposed group includes those who do not work.

A document³ and a full computer output⁴ provide more information on the relative risks combined, significance tests of heterogeneity and other detail.

This work was supported by the tobacco industry. The accuracy of the material presented is the responsibility of the authors alone.

References

1. Enstrom JE, Kabat GC. Environmental tobacco smoke and tobacco related mortality in a prospective study of Californians, 1960-98. *BMJ* 2003;**326**:1057-61. Full version available at <http://bmj.com/cgi/content/full/326/7398/1057>
2. Enstrom JE, Kabat GC. *The Lancet's* call to ban smoking in the UK [Letter]. *Lancet* 2004;**363**:398-9.
3. Lee PN, Forey BA, Hamling JS. *Epidemiological evidence on environmental tobacco smoke and heart disease*. Sutton, Surrey: P N Lee Statistics and Computing Ltd; 2012. www.pnlee.co.uk/reflist.htm [Download LEE2012B]
4. Lee PN, Forey BA, Hamling JS. *Detailed meta-analysis on ETS and heart disease*. Sutton, Surrey: P N Lee Statistics and Computing Ltd; 2012. www.pnlee.co.uk/reflist.htm [Download LEE2012D]